

Waiver and Sign Up

Signature below indicates agreement to waiver

LICCO, Inc. 5K Spring Fitness Walk/Run Waiver

I agree, warrant and covenant as follows by my signature or clicking below (for online registration).

I acknowledge my understanding that my participation in the 2010 LICCO 5K Fitness Walk/Run and/or any pre or post Event activities (collectively, the "Event") involves rigorous physical activity and that it potentially may be hazardous. I attest and verify that I and if applicable any children under the age of 18 am/are voluntarily participating in this event and using the Event facilities or premises and assume all risk of injury, accident and/or illness, damage or loss to me or my property that might result, including without limitation, any loss or theft of personal property. I hereby consent to receive medical treatment in the event of injury, accident and/or illness during the Event. I agree on behalf of myself (and my personal representatives, heirs, executors, administrators, agents and assigns) to release and discharge all Event sponsors and LICCO Inc, and Newark COTC and OSUN Campus (and their affiliates, employees, agents, representatives, successors and assigns) from any and all claims or causes of action (known or unknown) arising out of their negligence. I hereby agree to indemnify all race organizers for all claims and losses (including attorney fees and court costs), which may be brought against any one or more of them by anyone claiming to have been injured or otherwise to have suffered loss or damage as a result of my participation in the Event.

I further grant full permission to any and all of the foregoing to store, use and/or reproduce my image or likeness for use in promotion of event.

I acknowledge and agree to abide by the rules for the Event that may be posted at the Event or on the Event's website. I hereby represent and warrant that I am 18 years of age or older or, if applicable that I am the parent or legal guardian of the child under the age of 18 years old who I am registering for the Event and that I have the full power and authority to agree to these terms on behalf of such child.

Signature _____ Date _____

Guardian Signature _____ Date _____ (if under 18)

Personal Information

First Name: _____

Last Name: _____

Address: _____

City: _____ State _____

Zip Code: _____ Phone () _____

Age: _____ Sex: Male/Female

T-Shirt: S M L XL XXL

SHIRT SIZES GUARANTEED FOR First 300 registrants

EMAIL: _____

WHEN AND WHERE

Saturday, May 15, 2010

9:00 a.m.

Newark OSU/COTC Campus

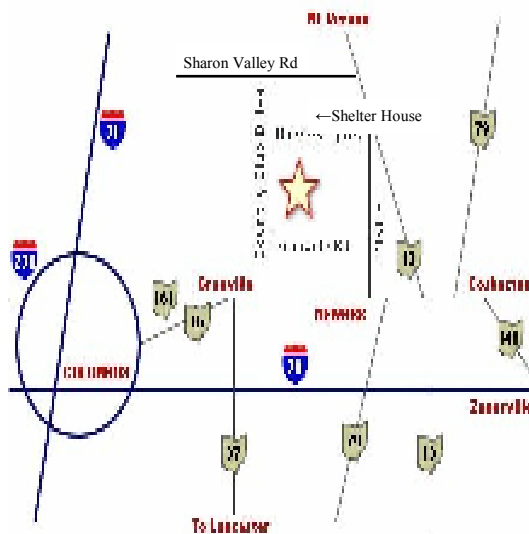
1179 University Drive, Newark, Ohio

Parking at Adena Hall, Reese Center and parking lot off Sharon Valley Rd.

Entrance to shelter house is on Sharon Valley Rd.

Race course winds around Campus and starts at the OSU/COTC shelter off Sharon Valley Rd. See below for directions

How to find the Campus



REGISTRATION

Early Registration through May 3rd is \$20.00.

After May 3rd, registration is \$25.00.

Register online at:

<http://www.premierraces.com>

or mail in registrations (with checks payable to LICCO, Inc) can be sent to:

LICCO Inc.

Attn: D Pound

600 Industrial Parkway

Heath, Ohio 43056

Please call 740-522-8345 if you have any questions about the race.

Tee-shirts are guaranteed for the first 300 registered participants. The top 3 finishers will receive awards, as well as the winners in each of the following age groups: 15 and under, 16-19, 20-29, 30-39, 40-49, 50-59, and 60+. Post-race refreshments will be provided.

Runners will start at 9:00 a.m.

Walkers and those pushing strollers and/or using wheelchairs will start at 9:10 a.m.

Sorry, no pets and no rain date; no refunds.