

THE DETAILS:

Event: 5K Run/Walk or 2K Fun Walk (these are pet friendly events)

Location: OhioHealth Westerville Medical Campus

Date: Friday, January 1st, 2010 - 11:00am

Registration/Packet Pickup: 10:00am

Packet Pickup: Begins Saturday December 26th at NOON through Thursday December 31st at 2:00PM at Fleet Feet Sports. Fleet Feet Sports is located just off Polaris Parkway at 1174 E. Powell Rd.

THE COURSE:

The course begins at 300 Polaris Parkway and heads south across County Line Road to the pedestrian path. The course then heads west along County Line Road and turns South on the pedestrian path along Cleveland Avenue. The course continues along the pedestrian path under Cleveland Avenue and loops through the Westerville Sports Complex before returning along the same route back to the finish.

THE REWARDS:

All participants will receive a **long sleeve technical shirt** - Bagels from Panera Bread and hot chocolate at the finish.

Awards will be given to the top 3 overall male and female participants as well as top three male and female participants in the following age groups: 19 and under, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-59, 70 and over.

DIRECTIONS TO THE OHIOHEALTH WESTERVILLE MEDICAL CAMPUS:

1-71 to Polaris Parkway. Go east on Polaris Parkway and arrive at 300 Polaris Parkway. (Northeast corner of Polaris Parkway and Africa Road)



JOIN OHIOHEALTH AND THE ORTHOPEDIC FOOT AND ANKLE CENTER AND KICK OFF THE NEW YEAR IN STRIDE

Orthopedic Foot and Ankle Center (OFAC) is Ohio's first orthopedic practice dedicated to the specialized care of the foot and ankle. Since 1998 we've been dedicated to providing the best clinical care for every patient. As our multi-disciplinary group has grown, our goals of outstanding clinical care, research and education, and community service have remained unchanged.

By staying focused, our physicians have performed nearly 35,000 operations. We are the most experienced foot and ankle team in Central Ohio taking care of elite athletes as well as the weekend warrior. When you visit our office at the Westerville Medical Campus, you'll find dedicated professionals and a highly trained medical staff who will take the time to get to know you and your situation. Your appointment includes extensive examination and discussion to ensure that we truly understand your needs.

Come visit us at OFAC, we are your foot and ankle care experts. For more information about our practice, please visit our website at www.orthofootankle.com or find us on Facebook at www.facebook.com/OFACColumbus.

OhioHealth's

FIRST ON THE FIRST

FRIDAY, JANUARY 1ST, 2010

PERSONAL INFORMATION

FIRST : _____

LAST : _____

ADDRESS: _____

CITY: _____ STATE: _____

ZIP CODE: _____ PHONE: () _____

AGE: _____ SEX: MALE / FEMALE

T-SHIRT: S M L XL XXL

EMAIL: _____

RACE INFORMATION

EVENT (please circle one) 5K or 2K

ENTRY FEE

- \$25 THROUGH DECEMBER 19TH
 \$30 DECEMBER 20TH THROUGH RACE DAY
 FAMILY SPECIAL \$15 EACH (4 OR MORE)

CHECKS SHOULD BE MADE PAYABLE TO:

PREMIER SPORTS
401 CHARMEL PLACE
COLUMBUS, OHIO 43235

EVENT DISCLAIMER

I agree that by participating in this physical activity (the "Event") or use of any Event facility/ premises, I do so at my own risk. I assume all risk of injury, illness, damage or loss to me or my property that might result, including without limitation, any loss or theft of personal property. I consent to medical treatment in the event of injury, accident and/or illness during the Event. I agree on behalf of myself (and my personal representatives, heirs, executors, administrators, agents and assigns) to release and discharge Premier Sports, and all other event sponsors, associates and volunteers from any and all claims or causes of action (known or unknown) arising out of their negligence. I acknowledge that I have carefully read this Waiver and Release and fully understand that it is a release of liability. By my signature, I am waiving any right I may have to bring legal action to assert a claim against any and all Event sponsors and representatives for their negligence.

SIGNATURE _____ DATE _____

GUARDIAN SIGNATURE _____ DATE _____

(If Under 18)

SPONSORED BY:



PRESENTED BY:



SPONSORS



Get fit.
Stay fit.
Live fit.



PRESENTED BY:



KICK OFF THE NEW YEAR
WITH A 5K OR 2K RUN / WALK

AT THE
OhioHealth
Westerville Medical
Campus

300 POLARIS PARKWAY
WESTERVILLE, OHIO